

Third Set of Resources (NOTE: This is a compilation of resources not an endorsement of any product or organization)

Mind – Body Resources	
SAMHSA’s Disaster Distress Helpline	1-800-985-5990 Provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.
5-part Curriculum Infusion Package (CIP) on Compassion Fatigue and the Behavioral Health Workforce	http://uclaisap.org/html2/compassion-fatigue-behavioral-workforce-cip.html CIP was created to help college and university faculty infuse brief, science-based content into existing substance use disorder-related course syllabi (e.g., foundation of addiction courses, ethics, counseling courses, etc.). Each slide contains notes for the instructor to provide guidance as necessary. References are included for each slide and handouts when possible.
Community & Rural Health	
NACHC	https://live2.digitell.io/session/nachc-gchn36sw/login/guest Weekly webinar series featuring CDC, HRSA, & presentations from community health centers across the country who are on the front lines dealing with COVID-19.
Evidence-based	
COVID-19 in pregnancy & newborns	https://obgyn.onlinelibrary.wiley.com/doi/epdf/10.1111/aogs.13867 18 articles reviewed reporting data from 108 pregnancies between December 8, 2019 and April 1, 2020. Most reports described women presenting in the third trimester with fever (68%) and coughing (34%). Lymphocytopenia (59%) with elevated C-reactive protein (70%) was observed and 91% were delivered by cesarean section. Three maternal ICU admissions were noted but no maternal deaths. One neonatal death and one intrauterine death were also reported. https://papers.ssrn.com/sol3/papers.cfm?abstract_id=3562464 A retrospective study of women with COVID-19 who delivered during 1-20 march 2020 in Italy. 42 women with COVID-19 delivered. In 10 cases, indications for C-section were worsening dyspnoea or other COVID-19 related symptoms. Spontaneous preterm birth occurred in five cases. In two women with COVID-19 diagnosed in the post partum period and breastfed without mask, the new-borns had positive test for SARS-Cov-2 infection. In another case the new-born had a positive test after vaginal operative delivery.